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Coby Zvikler



A FRIEND DROPPING IN

FINAL

Manchester Evening News

38,826

SATURDAY, APRIL 30, 1994

30p

the Snapper



HE MUST BE PSYCHIC



Francesca TAKES ON EUROPE



10 LIFESTYLE

HEALTH

matters

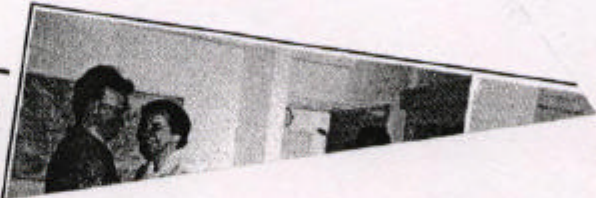
THE CYPRUS WEEKLY

Getting to grips with the healing effect

By John Vickers

WHEN Coby Zwickler arrived for an interview, he was ready to claim his

scepticism. When his



Manchester Evening News

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Getting a kick from the psychic

THE EYES HAVE IT: Psychic healer Coby Zwickler claims he can make people feel better just by looking at them

using a psychic projection I can activate the body's own correction system. The healing powers I project can make people move in particular directions depending on what the problem is. If it's their neck, their head will move back. Sometimes the energy can knock people over." Coby points out that this treatment doesn't

powers can be transmitted via video tape and invites people to find out for themselves when it will be played continuously at the festival.

Intense

"I don't know how it can work like this but it just says Coby

Intense feeling of extreme warmth", releasing stress and tension and resulting in an emotional and physical sense of well-being. The more sceptical among us may dismiss it as psychosomatic but

European Festival

A FRIEND DROPPING IN

Manchester Evening News

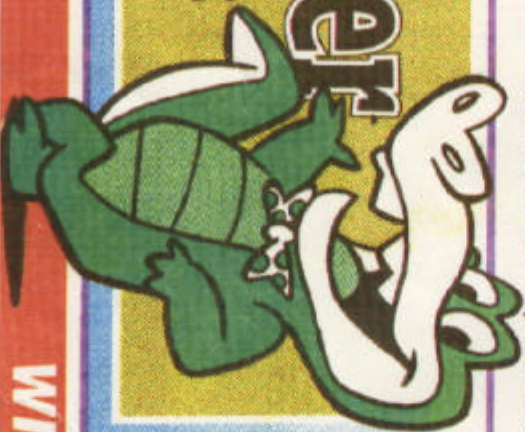
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**the
Snapper**

**YOUR FREE
ADS PAPER**



**HE MUST
BE
PSYCHIC**

Pages 24-25



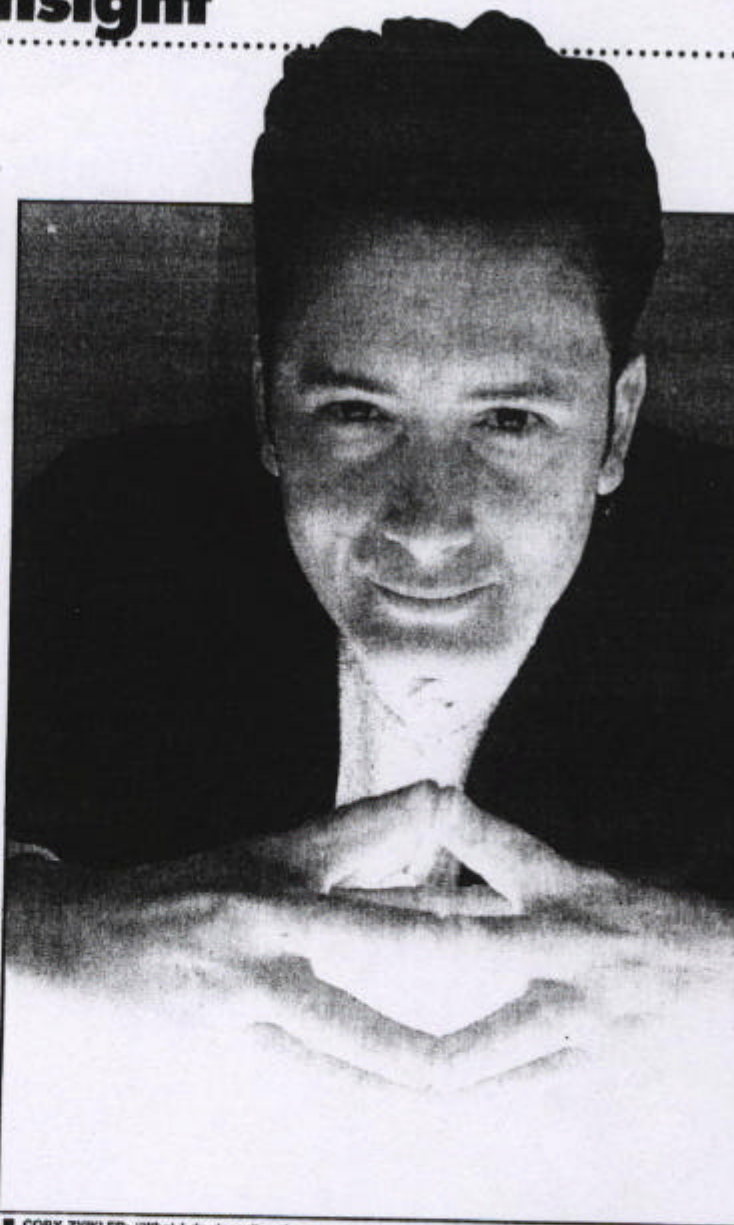
**FRANCIS
TAKES ON
EUROPE**

Pages 24-25

WIN £40,500 ON SPOT THE BALL - Page 12

Insight

After years of party tricks and ever more serious experimentation in his spare time, Coby Zvikler recently took the decision to leave the family business to become a full-time healer. He finds his effect on some people can be pretty rapid. But, it doesn't work with everybody



■ COBY ZVIKLER: "What I do doesn't make any sense to me and I cannot find a logical explanation for how

Man with the power?



BY KEITH WARD

It is difficult to make up your mind about Coby Zvikler. For one thing you can't be sure that he is not making it up for you. That's because he appears to have strange and unusual powers, although people have been sceptical about them all his life. Now aged 33, he first noticed them, he says, when he was a boy, recently arrived with his family in Manchester from his native land of Israel. And people didn't believe him then.

"I could always see things. Like colours around people, (lots of kids see that, say psychologists) which I was told by my parents to ignore because it was my imagination. They hoped I would grow out of it. I couldn't ignore it. I had a sort of party trick. I would get somebody to sit down, close their eyes and put their hands on their lap. They had to know something was going to happen, but they didn't know what. I would put my hand above one of theirs. I could feel the heat of their hand from eight or nine inches away. I would start to concentrate. Eventually I could get that hand to lift up. Later I could lift hands, arms, bodies in different positions. It might take me literally hours and hours to do it. I couldn't understand what it was."

Zvikler, who lives in Whitefield, can even now be disarmingly frank about his own supposed gift: "I am a very scientific person, right? What I actually do doesn't make any sense to me and I cannot find a logical explanation about how I produce it."

But after years of party tricks and ever more serious experimentation in his spare time, he recently took the decision to leave his comfortable role in the family handbag manufacturing business in Manchester to become a full-time "healer" (not a faith healer he insists), employing what he calls his "power healing system", and to write a book about it.

These days he finds his effect on some people can be pretty rapid. There is something of a biblical wonder in the eyes and voices of the people who have experienced and witnessed his successes. But, as he freely admits and we found out, it doesn't work with everybody.

We set up a test for him with two employees of the *Manchester Evening News* who were suffering minor ailments. It is carried out at our offices, unfamiliar territory to him. Suzanne, from the photographic department, is complaining of a pain in the middle of her shoulders, which had persisted for four days. Eric, a security officer, has pains in his neck, the aftermath of a virus attack a month previously.

Zvikler is not told what their ailments are. He treats them together, in my presence, first of all giving each of them a plastic card to wear, about the size of a credit card. It has a magnetic strip programmed, he says, with a signal which he has put there by concentrating on it.

"The card is like the access key to get into your own body computer," he had told me earlier. "I suppose it's a little bit of me. It allows you to tell that computer what you want it to do to correct your problems."

SUZANNE and Eric are asked to stand in front of him to be treated. Zvikler is chatty, pleasant, wont to break into a chuckle and denies using any form of hypnosis. But he looks at them carefully for some moments in silence.

"What I am trying to do is give them my energy. It's difficult to describe. It's like, how do you describe green without having the colour green to show somebody? It's almost like a wall of thicker air in front of me which I am pushing towards people."

"Nobody is in any sort of trance. People are not there to be laughed at. But there's some sort of force that can influence a person."

He then starts asking them to

repeat a succession of commands, directed at their respective "internal body computers."

"Increase my energy levels to absolute maximum... now. Receive this signal at its highest level... now. Lift up my right arm to shoulder level... now."

Eric shows little reaction, apart from appearing to stand straighter. But Suzanne's right arm starts slowly to rise and ends up high in the air.

This is weird. She looks a little surprised. She says later: "It was odd. I wasn't in any way helping him. I had felt quite sceptical. I could just feel my arm going up. It was really strange. I was able to lower it, but it started to go up again, until he told me to command it to stay down."

What's more, the pain had gone, she said, and she was still free of it next day.

On Eric, Zvikler tries his scanning technique, passing his hand back and forth some inches away from the pain area, looking for "bumps" of resistance, trying to pinpoint the pain and smooth it away, then resting his hand on it and asking Eric to flex his neck.

Eric says next day: "I would say I felt nothing. The manipulation gave me a little bit of relief, which is something I've found by doing it myself. But last night the pain was back."

We sent a photographer to one of Zvikler's regular demonstrations to small groups, mostly of women, around Greater Manchester.

Most responsive "patient" at that

session was Mrs Janet Smith, a 41-year-old clerical officer from Baguley. She told me afterwards: "I went along because I was curious really. I have had a prolapsed disc for about three years. I have been off work for up to 14 weeks at a time since it flared up."

"Since last May I have had a bad limp. Just by looking at me he said I had a lower back problem and started telling me to say things after him, to build up my energy."

"I was standing in front of him. He came over and rested his hands on my hips, for about a couple of minutes, I suppose. My right leg, the bad one, it just started to shake."

"I was not frightened or worried. After about 15 minutes I went for a walk down the corridor. I felt fine. I could not believe I could walk without the limp. I felt as though I had straightened up."

Said an onlooker at the session: "Everybody was aghast, because she walked out of the room without any limp and actually looking taller."

And the failures?

"It's a question of energy. Some people have loads and loads of energy. Women respond better than men. People without the energy, who are perhaps older, it happens but a lot."

"I may have to touch it to give some of my energy to them."

"The difficult ones just straighten up. The ones that are in physio terms I can't do. The basic that they must want to stay in. Some people want to stay in. They get more attention."

FOR group demonstrations including his regular afternoon sessions at locations around Manchester, people pay £3 for a half hour. "For treatments I charge people don't need more treatment. All they need to do is how to do it for themselves. They have the card, which is much as a last resort. They're the doctor's, the physio. Then they try acupuncture, herbalists, then me."

When he was a teenager was fascinated by Uri Geller famously bent spoons by them. Zvikler's speciality is healing people. He makes you want to be healed."

● For details and venues of phone 061-773 1731 or 0378-29118

THE MAGNETIC WAY OF HEALING

Zoe Newman discovers a 'charge card' with a difference

"When Uri Geller was bending spoons, I was bending spoons. From the age of four I've seen lights around everything. I thought it was my imagination and these things would go away, but they didn't."

This is Coby Zvikler, an Israeli born Mancunian, describing his first memories of the undoubted but strange healing gifts with which he has been endowed.

I was told about Coby by a London friend, another journalist, even more cynical than I am about these things. When he described how he had been affected by Coby's powers I wanted to meet this modern day healer. So modern in fact, he's able to heal with the aid of a 'credit card'.

"Answering machines react peculiarly to me and the lights in my house are constantly going on and off by themselves."

The Coby Card looks like an ordinary credit card with the same magnetic strip but it's this strip - invested with Coby's energy - that has the force, he claims, to put complaints such as frozen shoulders and back pain to rights.

A smart well-dressed man, looking younger than his 34 years, Coby explained how he discovered his powers. "I'd always been able to get people to move their limbs and feel tingling by concentrating on them but just thought of it as a party trick. Then I found that I had problems with electrical gadgets. For example, I was on a sunbed at the gym and felt I'd had more than my allotted 20 minutes. When I lifted the canopy, it was on zero but was still going; then I found that the staff were going mad because all the electrical equipment was resetting itself. Answering machines react peculiarly to me and the lights in my house are constantly going on and off by themselves.

"I got in touch with some parapsychologists 15 years ago and they suggested I should use whatever power I had for healing. I worked with a group of healers and found I could put hands on a person and their pain was gone but I just



■ Coby in action at a fund-raising evening held by staff at Wythenshawe Hospital.

Photo Pauline N.

believed it was psychological.

"Also, at the time, I was working for the family's leather business and doing very well financially. I didn't feel that my 'healing' made any sense so I was easily persuaded by my friends who were as interested in money as I was, not to carry on so I just used my 'gifts' to do party tricks for the next 12 years."

Three years ago Coby felt he wanted "to find" himself and went back to his homeland of Israel. His relatives were fascinated by his healing abilities and got him to try working on their necks, elbows and other joints. All successful. Coby then met an uncle who had been stabbed during the Six Day War and went every week to a pain clinic: "he believed I

could do something. I found the right spots, did my bit and he went to sleep. He woke up without the pain. I wasn't convinced and felt sure the pain would come back but my dad visited him six months later and he was still I. My uncle is a professor so my dad took notice and I decided to find out what I really could do.

"I went to a physiotherapist and told her I could get rid of pain but wasn't sure how far it went. She introduced me to a particular patient who was suffering a lot of pain from a neurone disease." The physiotherapist was so pleased with what Coby was able to achieve that she asked him to work with other patients that she'd reached an impasse with.

Despite his success rate, Coby was still unsure about

So does it work...?

Cynic that I am, I felt I should test Coby but admitted to him that there was nothing wrong with me. He looked at me and said, "you've got a problem with your left shoulder and a very slight one in your lower back."

I was pretty taken aback. Yes, I did have a problem with my left shoulder but it only troubled me at night and I didn't think about it during the day - in fact I'd forgotten about it then. And, yes, again I never thought about the bruise at the base of my spine which had occurred years ago and just very, very occasionally gave me twinges. If Coby could do something about my shoulder I realised, it would be wonderful as I'd had weeks of discomfort when trying to sleep.

A colleague behind me, I stood in front of Coby with the card hung around my neck and waited. Nothing happened. Coby himself then closed his eyes and appeared to be concentrating hard on me. To my alarm, my left hand started tingling and then twitching, then started to move upwards of its own accord. Before I knew it my right arm followed suit. Coby lightly touched the back of

my neck where he said I had problems too (not unheard of in someone who spends many hours in front of a computer) and shortly my head tipped backwards. However, as the session carried on, the overwhelming feeling I had was that of growing taller and taller. In fact, I felt I was about to touch the ceiling. I also felt totally relaxed, as if hypnotised.

The shock came afterwards. My colleague who'd been standing behind me in case I should fall backwards told me, "your arms were up so high and I couldn't believe how you managed to bend your neck so far back. I've never seen anyone stand so straight and tall either." In fact, I had felt my arms had only moved slightly and my head just a little. The feeling I'd had of being at least ten feet tall had obviously translated itself into my stretching my body to its utmost.

It was back to the business of interviewing Coby after this and I was so busy the rest of the day that I put the experience to the back of my mind. It was the next day that it suddenly came to me: I'd had a night of shoulder free pain for the

first time in weeks.

The pain stayed away for a fortnight or so and I'm going to try a telephone call to Coby who has many clients ready to testify that his powers also work over the phone. The idea of the Coby Card (cost £25) which comes with an explanatory manual, is quite tempting.

Coby Zvikler doesn't think of himself as a scientist and he can't explain scientifically how his powers work. He says, "I seem to be able to focus a natural energy which is rather like electricity and gets the body's 'computer' working. I hope one day the scientists can explain it to me."

Coby's clients come to him with varying problems. They can be muscular or even addictions such as smoking or eating. He aims to help them all and has had success from those wanting to slim to a trapped nerve or undiagnosed 'gummy knee'.

Coby Zvikler can be contacted at his Manchester clinic, PO Box 90, Prestwich, M45 6ZH, tel. 0234 713414/0374 608421.

Coby also holds mass healing sessions at the Armitage Centre, Moseley Road, Fallowfield, Manchester on Sundays at 2.45pm, admission £3. (Arriving on time is necessary.)

"I got in touch with some parapsychologists 15 years ago and they suggested I should use whatever power I had for healing."

powers and had started to video what was happening. It was this videoing that was to bring about the famous Coby Card.

Explains Coby, "I played the video to 550 people three day period at the Armitage Centre in Manchester and found that even those I got to stand with their backs to the TV were reacting. I wanted to identify what part of the video was causing this to happen so I copied backing track and got people to play it on a walkman; then found it worked even when the headset was turned off. Somehow, whatever 'it' was, was transmitted on density magnetic tape.

"I was going to Cyprus on a demonstration tour and been warned that videos and cassettes would be copied wanted to sell more than one so looked for something with magnetic tape - and there was a Barclaycard. I had own cards with magnetic strips made. And they work."

Coby believes that everyone has something similar mini computer inside them which has an instruction programme (here he uses the analogy of salmon swim upstream) and the signal on the card sets this off. "My en impregnates the magnetic hand and this is like a cat which sets off a trigger, getting the body to right itself."

The Courier and the Alderley Edge Hotel have asked Coby to give a demonstration of his skills at their Ladies' Day to be held on 28 April. Coffee, lunch and a super fashion show will all be included. Cost is £25 the day and further details are available from the hotel on 01625 583033 and in the next issue of the Courier.

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10 LIFESTYLE

THE CYPRUS WEEKLY, June 24 - 30, 1994

H EALTH

matters

Getting to grips with the healing effect

By John Vickers

WHEN Coby Zwickler arrived for an interview, I was ready to approach his claims about healing by "radiant therapy" with typical journalistic

scepticism.

When his demonstration on our receptionist failed to yield any results, I began wondering how I could best tell the personable fellow that his main gift appeared to be the gift of the gab.

Then he decided to use me to prove the existence of his "signal", after which my expected dismissal of his claims changed to amazement as I found myself falling forward, backward and performing what might be described as light exercises totally involuntarily.

Coby Zwickler, 33, was born in Israel, but has lived since the age of four in England.

He was a boy of five, he says, when he realised that he had some sort of special power.

"We used to play that game 'Murder in the Dark' and the other kids could always sense where I was. I could read minds, too. In those days so I always knew the answers to all the questions the teacher would ask," he recalled.

Energy

"I've got a lot of different powers, but I've concentrated on this one because it helps people."

Coby has no scientific explanation for his powers. He sends out some kind of sig-



GOING, GOING...John Vickers finds himself falling for the "radiant power" of Coby Zwickler as an assistant makes sure he doesn't hit the floor.



SIGNALS: Zwickler.

nal or field, he says, but it is neither magnetic nor electric since it fails to register on measuring equipment. It has been known to create electrical disturbances, though, and it can be recorded on magnetic tape, hence the success of his video "The Healing Video" and his so-called "Coby Cards" which people use to heal themselves.

Zwickler says that everyone's body has the capacity to correct almost any problem that may develop within it.

The signal he sends out enables the energy levels within the body to increase and bring about changes, both physical and emotional. He is especially successful at relieving pain, muscular problems and sports injuries.

So what does he do? Basically he appears to con-

centrate very hard for about half a minute, during which time the patient (or, in my case, guinea pig) may or may not feel things happening.

Having detected through a "scan" that my shoulders weren't straight (let's admit that you don't need special powers to see things like that) he set to work.

I didn't look at him, so I wasn't being hypnotised as far as I knew, but my back began to straighten up and as it did so I found myself leaning further and further forward, only being saved from falling by his colleague.

My arms began moving in a circular movement as if doing straightening exercises, and I swear that I was observing the whole business as an outsider.

Eventually he had three people in the office, all ap-

parently making voluntary movements, their bodies "correct" themselves.

Now whether this so-called "healing" is another matter, but the man certainly has some strange abilities.

Catalyst

He has plenty of testimony from those who have actually had serious physical disorders put right. There is nothing like a life demonstration to make you give him the benefit of any cynical doubt.

Coby insists that there is no element of suggestion involved, claiming that the body's inherent ability to put things right is what works.

He is simply a kind of "code" or catalyst that connects the body to what he calls the "healing effect".



GUIDE NEWS



From left: Watched by colleague Carin Bowman, reporter Julia Youd goes up.... up.... and almost away.... The spontaneous movement is part of the healing process

Seeing is believing!

Julia Youd discovers there is more to 'healer' Coby Zvikler than meets the eye...

Coby was about eight feet from Carin when after saying the same phrase at Julia her arms began to move.

Carin said: "After a couple of minutes my arms raised slowly and I could not put them down. It was a weird sensation."

"He diagnosed what physiotherapists and numerous specialists have told me but he didn't even touch me. He said I had long-term arm and shoulder problems."

"I don't feel I have been 'corrected' but nobody else has come up with a solution either."

"Witnessing what happened to Julia has baffled me. There is no logical explanation for it but it definitely happened."

Paul suffered a broken neck eleven years ago and Coby identified with light touch exactly where his problems were, including specific vertebrae.

"I was really surprised," said Paul. "I was fully clothed and yet hardly touching me he homed in on the very specific areas where I have problems."

"By light touch, not manipulation, on my shoulders he relaxed tension and muscle spasms which resulted in me standing straighter."

"But the most startling thing was when my arms moved involuntarily. Your body feels so good that you want it to carry on, you can tell it's doing you good."

"I certainly felt better but it didn't last more than 24 hours, possibly because my problem are so deep-seated."

"I have no doubt that he has some way of perhaps stimulating your subconscious to make spontaneous healing movements."

Coby cannot fully explain the phenomenon but says: "It's almost like I've uncovered a way of communicating with the body's own healing system, but that doesn't explain how it works, especially not over the telephone."

"I know it doesn't work on everyone but I have helped many people including someone with curvature of the spine and others with frozen shoulders and heart palpitations. I will challenge anyone to try it."

"I want medical professionals to examine people over a long period of time so the effects can be monitored. I want it to be investigated to see what it can do."

"It's a very slow process getting people to believe in it. It doesn't matter if you

THE phrase "you have to see it to believe it" has never been more appropriate.

Two weeks ago we told you about Coby Zvikler's apparent talent for making people go into spontaneous movement even when he was miles away from them.

You probably laughed — I did. But not anymore.

After his first demonstration in Fallowfield I called him to see how it went. By his own admission only around 40 people went along, but it had been a "success" — the vast majority went into spontaneous movement.

I told him I needed this verified and he needed people off I could speak to or, he said, I could experience it myself — over the telephone.

I could not come up with a decent excuse to decline his offer so I reluctantly agreed, telling him that if it failed, which I thought it would, I would still report it. He wasn't deterred and told me to relax.

A colleague stood behind me and held the 'phone to my ear. Coby was silent.

I didn't know what was supposed to happen but then I felt my clothing move beneath my arms simultaneously went in different directions, following

I panicked and screamed. After I had calmed down I told Coby what had happened and he asked if I had problems in my neck. I told him I did — he said the arm movement was my body correcting the problem.

He said I should do the "correction" again and I agreed, convinced it had been a sheer fluke. This time he asked me to say "give me what I need to correct all structural problems now". Within seconds my arms floated upwards.

They reached shoulder height where they remained. I got severe pins and needles and couldn't move my arms.

Gradually they lowered themselves again — and my neck was more free of discomfort and pain than it had been for years. It lasted two days.

Still incredulous I knew I had to see him and have others witness it. So this week myself, colleague Carin Bowman and photographer Paul Gardner went along.

He had varying results on both Carin and Paul, then it was my turn. I started happening immediately — it was mind-blowing.

If Coby came near me the movement was stronger, my arms simultaneously went in different directions, following

which I cannot even attempt to co-ordinate "on my own". Then we tried out the Coby Card. I turned my back to him and he stood some feet away from me with the card which contains magnetic tape which he has "focused" on. I could not see him, yet I moved in whichever direction he looked the card.

Then we put a silent video of him on. I turned my back to it and again went into spontaneous movement which this time affected my neck too and even made me fall backwards.

I was in spontaneous movement for at least one hour and was exhausted. It was physically draining.

It happened. I witnessed it happening to others yet I still find it virtually impossible to believe. It is not conscious muscular movement, it is not auto-suggestion or mind over matter — he doesn't suggest anything and I didn't want it to happen. I can't say I believe in "it". I don't know what "it" is.

What happened was the most amazing thing I have experienced. It has to be experienced to be believed.

● Coby does a mass healing session at the Armistage Centre, Mosely Road, Fallowfield every Sunday from 2.45pm. People must be there for the

Healer Coby to visit America

THE face of Whitefield power healer Coby Zvikler could soon become familiar to millions in America.

For later this month he is to cross the Atlantic in a bid to let the people over the water witness and experience his healing powers.

We first told you about Coby in *the Guide* back in January. Since then he has started holding healing sessions and demonstrations at his Barnard Avenue home and in hospitals and hotels throughout the region. Now he wants to conquer America with a new "Power Disc".

"It's a fashion accessory with special effects," explained Coby. "It's more powerful than the original Coby Card and works without any commands being spoken."

Coby is constantly carrying out research and still cannot fully explain the phenomenon. However he believes he has now uncovered the fact that people connect with an external energy force which interacts with their own energy and has a healing effect.

"I know it doesn't work on

everyone but it definitely has positive effects on many and now with this new card there is a seven day trial period for people to try it out and see for themselves," he says.

The green and gold disc has a magnetic strip on one side which contains a special signal. If the person holding or wearing the disc gives commands to their body most can then initiate physical as well as emotional changes.

"People in many different countries now have the cards but the problem in England seems to be that people aren't willing to give it a go," says Coby.

"It's understandable because it is a strange concept but I'm hoping that as the British often follow in the footsteps of Americans, in this instance if it catches on in America and they are receptive to the idea it will be accepted more here."

Coby is planning to spend two weeks in America, starting in California and moving on to San Francisco.

He says: "I will be meeting a healer while I'm over there and then hopefully I'll build up contacts and people will get to hear about it. I'll be there for as long as it takes."



● Off to America - Coby with the new Power Disc.

No. 3725

Friday, July 7, 1995

P R E S T W I C H & W H I T E F I E L D G U I D E

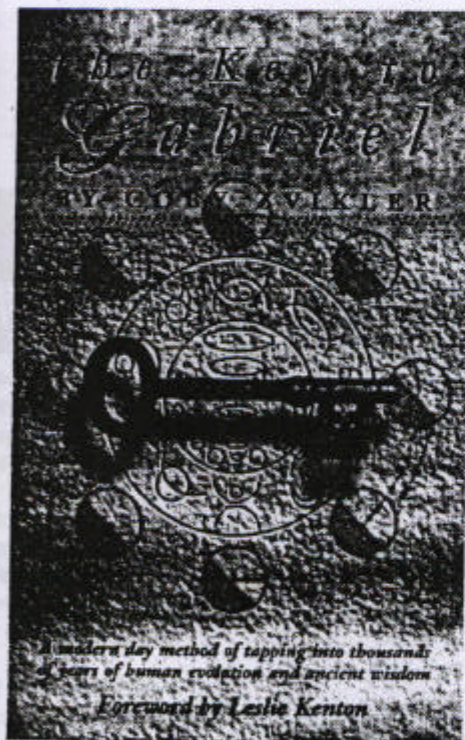
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The Key to Gabriel

An extract from the book by Coby Zvilder

The reactions to my healing were all very positive, but still I wasn't convinced. Being a very logical person I concluded that I simply could be having a 'placebo' effect on the patients. The turning point was when Karen introduced me to a patient of hers whom I shall call Sarah.

I had talked about my feelings, lack of confidence and scepticism with Karen at great length. She was actually much more convinced of my abilities than I was. Because I doubted myself so much, Karen knew that I could be put off easily and she decided not to tell me about the seriousness and nature of Sarah's problem. All Karen told me was that Sarah had been in a lot of pain with a back complaint and that I should simply do my best!



As Sarah lay on the treatment couch chatting quietly to Karen, I went through my usual healing process starting from the crown of her head. I followed the energy field around her body, removing the bumps and holes as I went. Seconds after I had started, Sarah said that she could feel a comforting but intense heat throughout her entire body, especially in her lower back and spine.

When I came to her right hip area I felt a huge hole in her energy field and knew instantly that the main cause of her problem was here. I concentrated intensely on this part of her energy field, pumping as much of my energy into this hole as I could. Suddenly her

body started to twitch and jerk slightly. Her muscles were in spasm, particularly around the lower back and hip area, and it was obvious to me that this was creating even more pain for her. When I saw all this movement, combined with the fact that she was in a lot of discomfort, I turned to Karen for support. I must have looked worried, because she instantly responded telling me that she had expected something like this to happen and that I must continue. Sarah also reassured me - she could handle the pain if it meant getting a positive result. So I carried on. Thirty seconds later, Sarah's entire body relaxed and went limp. Calmly she told me that all the pain had now gone and that she felt fine. It took me another five minutes or so to finish the healing process, smoothing out the energy field around the rest of her body.

After I had finished I asked her if it was possible for her to get up off the couch; to stand up and tell me how she felt. Tentatively she sat up and swung both legs off the couch, as she placed her right foot on the floor there was a thud. Sarah stood up. She seemed stunned and excited. Karen also looked thrilled and amazed. As Sarah put all her weight onto both feet and stood up, expectation hung silently in the air.

Sarah started to giggle uncontrollably, and then as she looked at Karen she started to cry. At this Karen was practically in tears herself and seemed mesmerised. I wondered what on earth was going on. I asked them what the big deal was and it was at this point that Karen told me that since the age of three Sarah hadn't been able to place both feet flat on the floor at the same time. For fourteen years Sarah had undergone many operations on her right hip because she had contracted TB as a child. The doctors also found that one of her legs had been growing longer than the other.

As a child they had tried to correct this with surgery but the operation had had a reverse effect and Sarah's right leg was now shorter than her left one. Sarah also had a curvature of the spine.

When Karen explained all this to me I became more confused. Did she honestly expect me to believe that Sarah's leg had suddenly grown? In her attempt to illustrate what had happened, Karen asked Sarah if she would mind lying back down on the couch again. As Sarah did this she told me that all her pain had gone and that she really couldn't believe what was happening.

Karen asked if I had noticed the positioning of Sarah's knees before I had started the healing process and I had to confess that I hadn't. Now, as I looked, I could see that one knee was approximately two inches higher than the other, which to me proved that her legs hadn't grown at all. Karen explained that Sarah had a curvature in her spine, which bent her body in such a way that exaggerated the difference in the length of her legs. During the healing process her spine had straightened, allowing her hips to level and the result was that she could now put both feet firmly on the ground.

**POSITIVE HEALTH
BOOK REVIEW**

An Alternative View

by

Paul Davies



See more of Paul's cartoons
on his great website

www.splat.dircon.co.uk

'Power healer' in European festival

WHITEFIELD'S very own power healer Coby Zvikler is to take part in a European Festival of healing during the Easter Bank Holiday in Manchester.



● Coby Zvikler

The festival for "The Spiritual Mind and Body" will have some of Europe's top healers and there will be more than 140 exhibitors. There will also be live demonstrations, workshops and lectures covering everything from tai chi and dance to acupuncture and the Alexander technique.

"It was at the festival last year that I first discovered healing worked through video because people responded to the video of me without me being in the room," explained Coby.

Since appearing in the Guide Coby (34) has been featured in regional and national newspapers and health publications and now holds monthly healing demonstrations at Wythenshawe Hospital, raising money for the maternity unit there.

He said: "I get phone calls from up and down the country daily and even from abroad with people asking for treatment or wanting to know more about it.

"This festival is a good opportunity for a lot of people to get to know more about different healing techniques and chat to me if they want."

The festival runs from April 14 to 17 at the Armitage Centre in Moseley Road, Fallowfield, between 10am and 7pm.

If you would like to contact Coby for more details call him on 773 1731.

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PRESTWICH & WHITEFIELD GUIDE

16p

Friday, January 13, 1995

Can
this
man
heal
people by
video?
See p 2



The Armitage Centre
Moseley Road
Fallowfield
Manchester

The Zvikler Healing Research

(UK) Ltd

PO BOX 90, Prestwich, Manchester M45 6ZH

Tel: 0161 773 1731 Fax: 0161 839 4578

GUIDE NEWS *Sundays at 2.45pm*

The power to heal ... by credit card!

MOST people's party pieces only extend to the feeblest of card tricks or balancing acts, but a Whitefield man has turned his into a career, writes *Julia Youd*.

Coby Zvikler has discovered that the talent he once used as a childish party-trick apparently has the power to heal.

So he has given up a promising career in the family's leather trade business to pursue his calling.

And on Sunday, Coby, of Barnard Avenue, is to put his powers to the test in front of an audience of hundreds in Fallowfield.

Coby (33) apparently has the ability to "see" or "feel" medical problems in other people. By concentrating his mind on the particular problem he feels he can focus an energy onto the trouble spot and cause it to correct itself.

But that is not all. He also seems to be able to cause people or their limbs to move without any physical contact.

"I don't know how it works but it certainly seems to work on people and I know that now is the time to go before a wider audience," said the Israeli-born Mancunian. "If I can help people then I should be helping as many as possible."

Problem

Coby has dubbed his talent "Power Healing" or "Radiant Therapy" and says although he cannot tell what the medical problem is he can tell the area of the body that it is in.

When he concentrates and focuses his energy on people they often go into spontaneous body movements which he describes as "a sort of self-healing routine".

He has worked with ailments ranging from heart palpitations and curvature of the spine to frozen shoulders and back problems and he says doctors have acknowledged that patients have benefited from the healing. Additionally physiotherapists say the movements people apparently do spontaneously are similar to what physiotherapy for their particular problem would entail.

Coby believes he has always had his talent but as a child merely used it as a party trick.



● Coby Zvikler — the Uri Geller of healing.

my friends in the next room and I found I could make them move their arms or legs involuntarily. I've always been able to see colours, or auras, but I didn't understand what I was seeing. Then when I was much older I joined a healing group to find out more."

At that time Coby was doing well in the family business and his "healing" was just a hobby.

Then three years ago he went on holiday to Israel to visit relatives and while there used his powers to ease various ailments suffered by family and friends and others in the community as his reputation spread.

On his return home he decided to abandon his business career and shortly afterwards set up Zvikler Healing Research (UK) Ltd at his home to monitor his progress.

"I wasn't a layer on of hands healer and I never claimed my powers were spiritual. But I did have something and was determined to find out more," he said.

But the most amazing aspect of his talent was yet to be discovered — videos of Coby's private demonstrations have the same effect as Coby actually performing

At a healing conference last year at Fallowfield's Armitage Centre, Coby tested a video on around 100 people. They turned their backs on the television as it was played and they experienced everything from mild tingling sensations to full scale spontaneous body exercises.

"The power was being radiated or channelled through the video," said Coby. "Obviously people do not need to be near me or even touch me to be affected by this power, so I asked myself could I be in the electronic signals in a video tape?"

"The next stage was to try and see if I could radiate the signal of a different type of magnetic strip on the video, like the magnetic strip on the back of a credit card. I concentrated my mind onto the strip on the back of my Barclay Card as an experiment."

And, yes, it worked! His power was seemingly duplicated. The magnetic strip and the "Card" was torn; there are more than 500 of the cards in circulation among Coby's followers.

Signals

Coby says he suspects even doctors can correct problems in their patients but he feels he helps people connect with their own systems, enabling them to promote their own healing. By radiating signals to the body he enables the reception of those signals to increase energy levels needed to bring about changes, both emotional and physical.

But he is anxious to find an explanation for his talent which as yet flummoxed even doctors and scientists.

Coby's own theory is that he has the power to focus a natural energy similar to electricity, although it does not register on electronic measuring devices, which he believes may be all around us.

He said: "It may seem strange but it does seem to help people. My theory is just that, a theory. I had no medical or scientific training and I look forward to the day some scientist can explain what is happening to me."

● The mass healing session will take place at the Armitage Centre, Moseley Road, Fallowfield, Manchester, Sunday. Admission is £3 and starts at 2.45pm. It is expected to last for more than two and a half hours but people must be



The children's birthday party was in full swing. The youngsters had had their fill of Blind Man's Buff and Pass the Parcel, and now it was time for little Coby to do his party piece.

Coby Zvikler was the dark-haired boy with the strange name and the unusual talent.

"Go on, Coby!" called the others. "Do it, do it!"

Coby sat on the floor in one room while the rest of the children piled into an adjoining room. Closing his eyes, Coby began to concentrate. The excited giggles in the next room slowly built to a crescendo.

One of the youngsters suddenly found his leg jerking, another couldn't stop his arm moving up and down and a third was doing large windmill movements with his arms.

Coby's eyes blinked open. Another party trick, another satisfied audience. It was just one episode in a childhood made unique by an ability Coby would not begin to understand until many years later.

Nearly 30 years on, Coby Zvikler is still performing his strange party tricks but today he is able to appreciate their value, even though he still can't hope to fathom where his rare talent originates from...

TRICKS OF THE MIND

THE STRANGE LIFE OF COBY ZVIKLE

by Carl Nagaitis

Coby Zvikler clutches a small aluminium disc with the words EM POWER engraved into it and explains quietly, "That is what it does, it empowers you."

He is sitting in the comfortable lounge of his home in the respectable suburb of Whitefield, near Manchester, attempting to explain in simple terms what his remarkable Em Power Disc is all about. As he speaks, the lights in the room flicker occasionally and the stereo system speakers crackle for no apparent reason.

happens when I'm around. It's weird."

No weirder than the Em Power Disc which people claim can cure them of a wide variety of ailments. They believe it can increase your self-confidence and make you feel happy, in fact it can make you feel whatever you like. It empowers your body to correct problems and can enable you to feel better about yourself. "But there is no magic here," insists Coby.

The discs have been imprinted with the magnetic/electrical mind-code of Coby himself, a healer who accidentally

energies onto magnetic tape.

POWER HEALING

Where his healing abilities come from how he can apparently transfer them to others is as much a mystery to him as to anyone else. Coby has dubbed his talent 'Power Healing' or 'Radiant Therapy', for want of a better description. Put simply, he seems to have the ability to 'see' or 'feel' medical problems in other people. By concentrating his mind, he focus energy onto the trouble-spot and cause it to correct itself. Furthermore

seems to have the ability to cause people's limbs to move involuntarily, without any physical contact whatsoever from him.

The Em Power Disc is a high-tech extension of Coby's abilities, a remote control self-healing device which can produce the same effect on users as if Coby himself were present.

"This whole thing is mind-blowing," admits the 35-year-old Israeli-born Briton who has given up the chance of a place in a prosperous family business to explore an alternative lifestyle, trying to probe the mysteries of the strange power which fate has apparently bestowed upon him.

"The Em Power Disc has evolved from the healing abilities I seem to have," explains Coby. "I don't claim to be special or clever or mystical, I am just an ordinary guy. But what started out as a childish party trick has been identified by others as an ability to help people. That ability has changed my life in recent years."

NATURAL ENERGY

"I seem to be a sort of conduit," Coby suggests, "someone who can tap into what I believe is a natural energy all around us, and direct it. Maybe that is why I cause electric lights to flicker every time I walk into a room. Also, I've always had the ability to see auras. As a child I called them *lights* or *colours*, which I thought everybody saw."

"A person's aura can indicate a health problem and by concentrating on that problem, by directing this natural energy at that spot, I can have beneficial effects. It is not me that is doing the healing, but the energy I can direct. That energy seems to allow the body to correct problems, allowing people to heal themselves."

EARLY YEARS

To understand Coby and his amazing Em Power Disc, we need to look back at his life to fully appreciate the course of events which led him into a unique area of healing.

Born in Israel, he came to Britain with his family as a small child. Settling in at school, he soon became a star attraction when his friends realised that he was somehow different. "At parties I used to go into one room, with my friends in the next. By concentrating, I could make them move their arms or legs involuntarily," remembers Coby. "They thought it was a laugh and so did I in those days. I didn't think I was doing anything special."

"I grew up like any other kid but there was one other difference. From as far back

as I can remember, I could see lights or colours around people. It all seemed quite normal until when I was older I realised I was actually seeing auras."

After completing his education, Coby went into the family business and began to do well. However, he still found time to use his healing talent on friends. He could 'sense' their medical problems and by concentrating his mind, was able to focus energy onto the area, causing the complaint to right itself. Hungry for some explanation of his strange abilities, he joined a number of healing groups. "My experience with the groups was useful but it certainly didn't explain my powers," he says. "I wasn't a laying-on-of-hands healer and I never claimed my powers were spiritual, so I just didn't fit in."

Coby left the healing group, choosing to concentrate instead on his career, though he continued to help his friends when they came to him with problems.

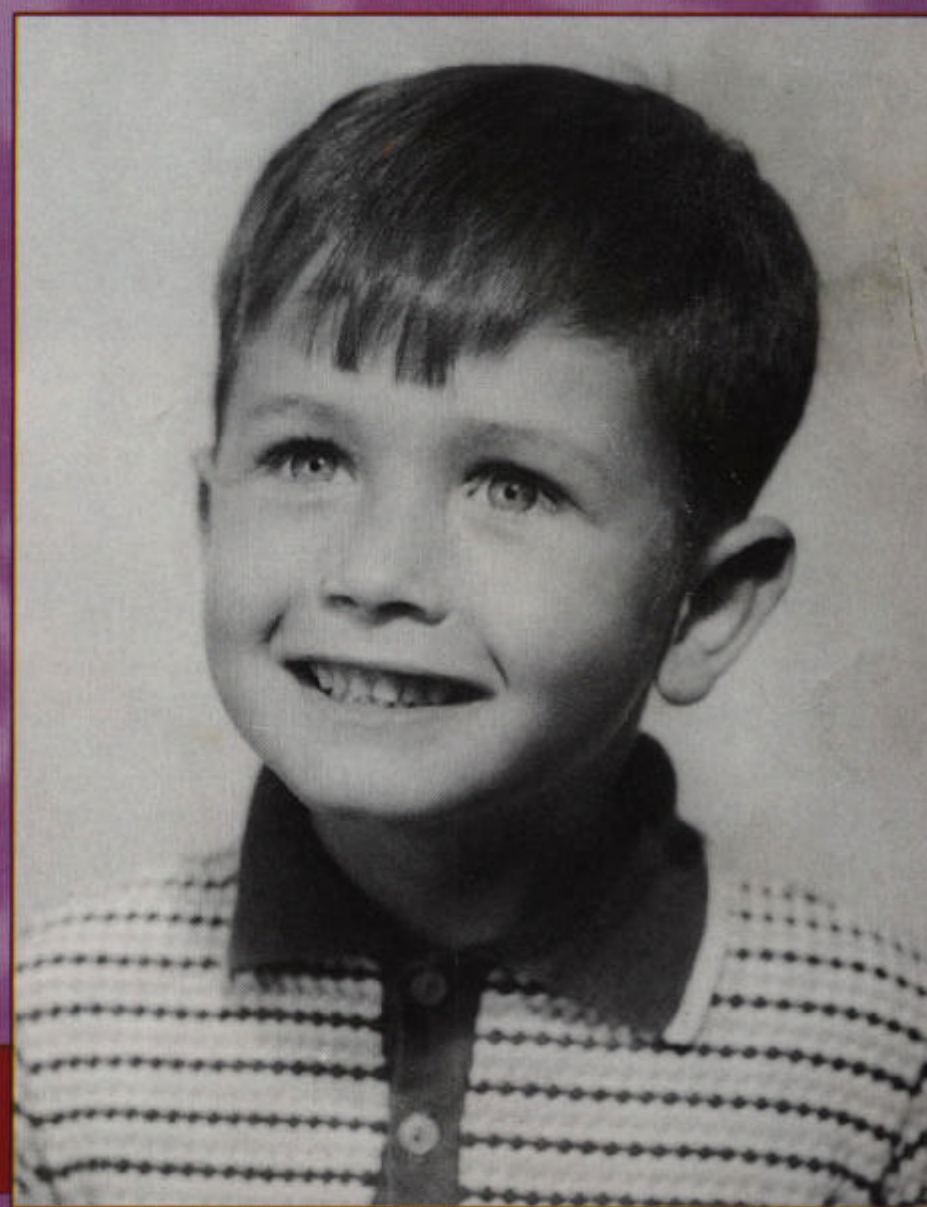
MOMENT OF TRUTH

The turning point in Coby's life came five years ago while visiting relatives in Israel.

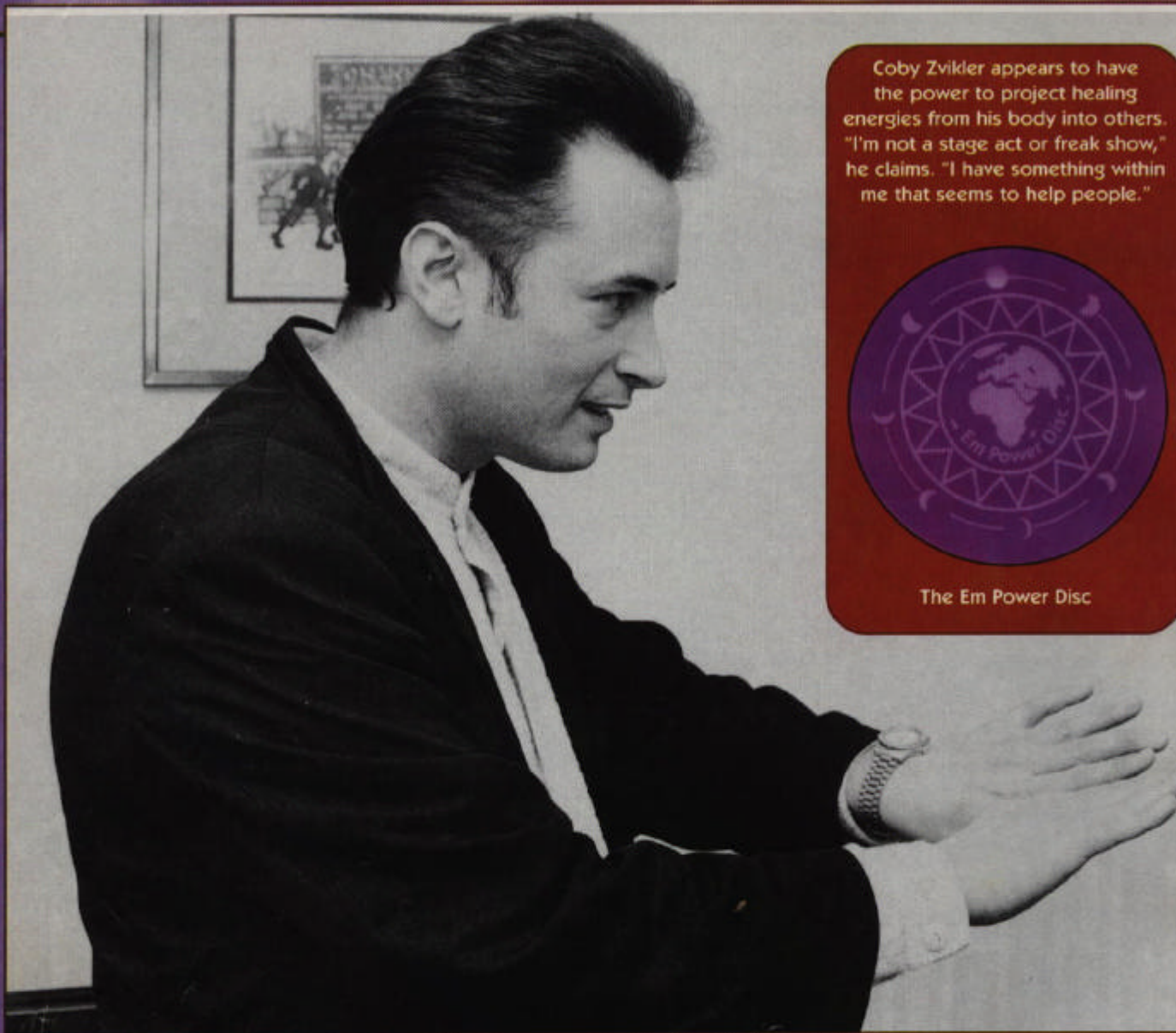
An uncle had been complaining of a frozen shoulder, a painful condition that was restricting his movement. Coby offered his help. Using his ability to see auras, he pinpointed the problem area and concentrated his mind. Within minutes his uncle's condition began to improve and the pain finally disappeared altogether.

"He was seriously impressed," recalls Coby. "He said I had an ability that I really should use for the good of others. Otherwise, he said, I was wasting a God-given talent to help people. I am not an over-religious person but I did agree that I should help people if I could, and I was determined to find out more about my powers or whatever they were."

Coby returned to Britain, having decided to abandon his promising career in the family business so that he could concentrate on healing. At about this time he began giving private consultations, he founded Zvikler Healing Research (UK) Ltd, an organisation set up to monitor and evaluate his work. Coby hoped it might eventually provide some



As a child, Coby Zvikler believed everyone had the ability to see auras around people. Only later did he discover the uniqueness of his psychic vision



Coby Zvickler appears to have the power to project healing energies from his body into others. "I'm not a stage act or freak show," he claims. "I have something within me that seems to help people."



The Em Power Disc

explanation of his unusual abilities.

Friends and acquaintances who had benefited from his healing powers were happy to pass on news of Coby's achievements. Over the coming months his client list grew so rapidly that he began giving demonstrations before audiences. As always, certain people responded to him better than others. Some found their arms inexplicably flailing about, while others experienced a strong force on their bodies.

FILMED DEMONSTRATION

One such demonstration was filmed on videotape and shown to a small audience of interested people. Although Coby himself was not present, a number of those watching began to move spontaneously and involuntarily. It seemed that Coby's powers were not reliant on his physical presence in order to be effective.

Coby decided to carry out his own test by having the video played to an audience of 550 people at a healing conference from which he was absent. Asked to turn their backs to the TV screen, the vast majority of attendees nevertheless reported being affected by

the soundtrack alone.

"The power was being radiated or channelled through the video," Coby explains. "Obviously, people did not need me to be near or even to see me to be affected by this strange energy so I asked myself, could it be in the electronic signals on the videotape?"

"The next stage was to try to see if I could radiate the signal onto a different type of magnetic medium, like the magnetic strip on a credit card. As an experiment, I concentrated my mind onto the strip on the back of my Barclaycard."

Astonishingly, it worked. With some people the effect was just as powerful as it would be had they been face to face with Coby at one of his private consultations. "Whatever the power is and wherever it comes from, it is possible to duplicate it onto a magnetic strip," believes Coby. "However, that discovery raised more questions than it answered. Yet it works on people and they feel a benefit from it."

Acting on his discovery, Coby produced what became known as the Coby Card. This was a plastic card with a magnetic strip which carried his unique electrical/magnetic mind code. In almost

no time at all, he had more than 500 in circulation.

Testimonials from users of the card poured in. Naomi Moy of La Mirada, California, wrote: 'It is absolutely astounding in its ability to trigger the body's self-healing process, both physically and emotionally.' Janet Fazackerley of Preston in Lancashire bought the card for a neck and shoulder problem and declared: 'I haven't had problems since.' And Dorothy Nuttal from Manchester wrote: 'Thank you so much for *melting* my frozen shoulder.'

THE POWER DISC

The Coby Card, although successful, replaced by the Power Disc. "The card was something people kept in their wallets or handbags," explains Coby, "and many asked if they could wear around their necks for accessibility. So I came up with a disc complete with magnetic strip and the Power Disc was born. That took off, too. Then users suggested I produce a smaller one that they could wear as a badge or around the neck and we came up with a smaller aluminium disc with an attractive design on it."

"Strangely enough, this disc could be programmed without the magnetic strip and what's more it seemed more powerful. During trials we discovered that users reported feeling that it made them feel more confident, happier. I decided to change the name to the Em Power Disc because it empowers people to help themselves."

"It is particularly useful for people who have had some benefit from a private consultation with me," Coby admits. "Sometimes the improvement people experience in a consultation can fade away with time. By having an Em Power Disc, they can plug into the power whenever they wish and in the privacy of their own homes."

COMPARISONS

Coby has been likened to Uri Geller, the famous mind and spoon-bending Israeli. A witness at one of Coby's consultations commented, "The difference between them is that Geller moves objects while Coby moves people, physically and spiritually."

Coby himself is uncomfortable with comparisons. He asserts, "I'm not a stage act or a freak show. I have something within me that seems to help people. If you want to call me a healer, well, fine but please not a stage act."

Anxious to find an explanation for his remarkable talent, Coby has even put himself in the hands of doctors and scientists. So far no light has been shed on the mystery of his abilities, although a

number of doctors, including a couple of GPs, use the disc.

Coby has even undergone hypnotic regression in search of a clue to the source of his power. "Again no answers were found," reports Coby. "The hypno-therapist took me back in time but only to the age of four. Before that I seemed to be floating in space...a mind without a body." Coby's own theory is that he possesses an ability to focus a natural energy, not unlike electricity (although it does not register on electrical measuring devices) which he believes is all around us. He feels that everyone has the ability to correct problems in their bodies.

By focusing these natural energies onto an individual, Coby dramatically raises their power levels to such an extent that they can bring about emotional and physical changes.

SPOOKY EFFECT

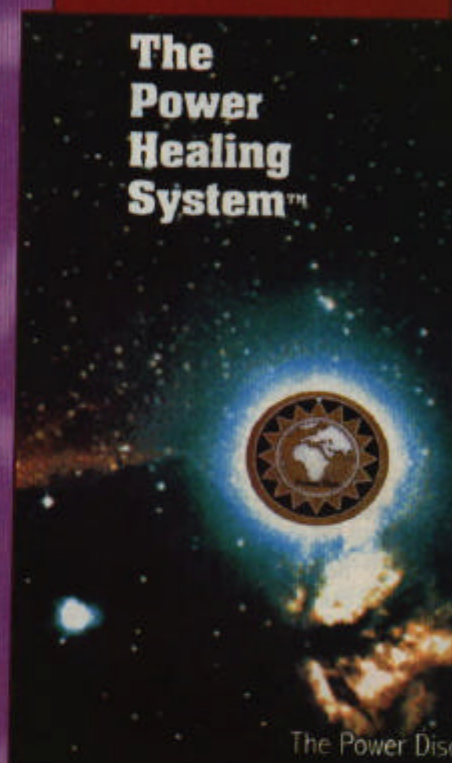
"It may seem spooky," says Coby, "but it does help people. My theory is just that - a theory. I have had no medical or scientific training and I look forward to the day when some scientists can explain it all to me. I am not imagining the effect I and the Em Power Disc have on people. They write to me all the time and tell me."

"Often when I walk into a room the lights flash, the TV picture flickers and the speakers on my stereo crackle. Friends are always commenting on the spooky effect I have on anything electrical. Maybe it is part and parcel of the natural energy I talk about in my theory. Perhaps

someone among the people who read this will come up with a theory of their own."

If you would like more information about Zvikler Healing Research, you can contact Coby at: PO Box 90, Prestwich, Manchester M45 6ZH. Telephone: 0161 773 1731

The Power Healing System™



Dr Erika Gyovay MD, in private practice in Westminster, London, was among the first mainstream practitioners to take on the Em Power Disc for use in her daily work.

Dr Gyovay uses the disc as part of her treatment of patients suffering from back problems, muscular pain, emotional difficulties, arthritis and migraine. She said: "The patients respond quite well to this kind of treatment and are very satisfied with it. I like working with the Em Power Disc as it is very helpful and beneficial for the patients. The results are immediate and there is good feedback."

Helen Croft of Bury, Lancashire, went to see Coby in June 1993. She had a curved spine which had resulted in different leg lengths and had endured constant pain in her legs and ribs for 14 years.

Of the consultation with Coby, Helen said: "I felt warmth, relaxation, pins and needles and a pulling pain during the treatment. It was unbelievable. My leg straightened and now I can put it down on the floor, something I couldn't do before. And the back pain and the rib pain are gone."

Ernest Evans of Kilbirnie, Ayrshire, went to see Coby in November 1993, complaining of extreme back pain and restricted movement in his neck.

He reported: "I find the results unbelievable because before the treatment I was unable to turn my neck completely. I can now turn normally and the pain has been relieved. I felt heat on my back when [Coby's] hands were laid on."

Wilf Oaks of Manchester visited Coby in December 1993, suffering from a dislocated shoulder which had been caused by a fall at work.

He admitted: "I didn't really believe Coby could cure my shoulder as I have tried everything. After the pain had gone from my shoulders I still couldn't accept it and it took me a whole day to come to terms with the idea. But the next day I realised it was not my imagination and my shoulders were completely straight."

Mrs N. L. Schalon of Gatley, Cheshire, visited Coby in June 1994 complaining of arthritis in the hips, knees and hands, a condition she had suffered from for 17 years. A history of autoimmune problems had led to panic attacks, ME, dry eye syndrome and eczema.

Of her first meeting she remembered: "I experienced spontaneous body movements into twisted stances. I had the feeling of being around, not outside, the body."

She has been delighted with the results, explaining: "My condition now is much calmer. I have an improved body shape, posture and digestion. For the first time in years, I now sleep through the night. No more having to turn over to ease the pain."

"I have a general feeling of well-being and seem to have much more energy. At 47, I have spent a lot of money, time and energy on all kinds of health cures but always ended up disappointed when they didn't work."

"The good thing about the Em Power Disc is that it requires no beliefs, self-denial, diets, discipline or huge payments."

health news

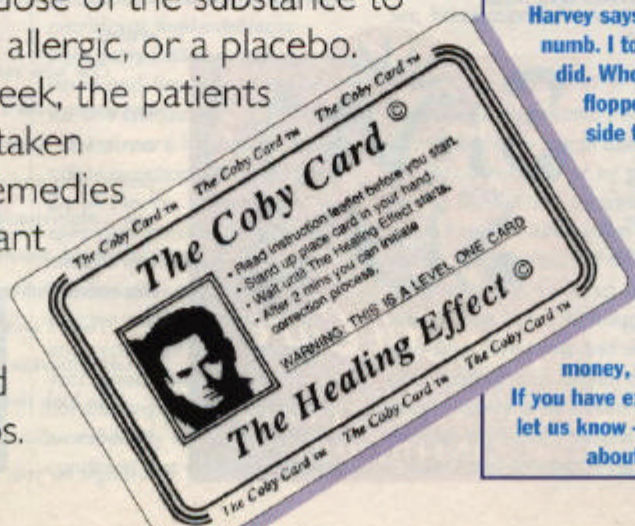
By Martine Gallie

The latest new



NATURAL RELIEF FROM ALLERGIES

Allergies to house dust mites, pollen and animals can be controlled using homoeopathy, according to a study carried out at Glasgow Royal Infirmary. For eight weeks asthma patients at the hospital were given either a homoeopathic dose of the substance to which they were allergic, or a placebo. After just one week, the patients who had taken homoeopathic remedies showed a significant improvement compared with those who had taken placebos.



'Every day, in every way, I am getting fitter and fitter'

Straightforward aerobics may not be everyone's cup of tea so – if you live in the Berkshire area – why not try holistic aerobics? Synergetics is designed to suit everyone regardless of their age, size or level of fitness. Devised by Loz, who is a registered healer, and Astrid, an experienced aerobics instructor and 'plus-size' model (she's a fit size 18) synergetics combines exercise with positive affirmations and creative visualisations – and positively going for the burn! Loz and Astrid hold regular classes in Maidenhead and Wokingham, where they also offer one-to-one body image counselling. Details on 01734 78929

Antibiotics falter

Diseases once considered curable are becoming potent killers because they no longer respond to conventional treatment, says a recent Government report – and over-prescribing of antibiotics by doctors is partly to blame. Since the late 1980s, bacterial diseases such as typhoid, pneumonia and pneumococcal meningitis have become increasingly resistant to antibacterial drugs and so harder to treat. Some infections, such as those commonly found in hospitals, are now so resistant that there are very few effective conventional treatments left. The Parliamentary Office of Science and Technology report says that 'inappropriate and profligate' prescribing of antibiotics is making the situation worse, and that 'minimising the further spread of drug resistance relies very much on the future prescribing behaviour of UK doctors'.

HEALING ON PLASTIC?

Manchester-based radiant therapist Coby Zvickler claims to be able to transfer his healing powers onto the magnetic strip of a card similar to a credit card, which he has dubbed the Coby Card. The theory is that by simply holding the card, which costs £25, you can instruct your body to perform spontaneous exercises which take away all your aches and pains. After initial scepticism among the HH team, several of us were amazed to find that, when Zvickler came in to demonstrate the card, it seemed to work. Editor Erika Harvey says: 'The first thing I felt was my hand go numb. I told my body to raise my right arm and it did. When I asked for an exercise for my back, I flopped over like a rag doll and swayed from side to side.' The effect was strongest among those who actually met Zvickler, and seemed to diminish as time went on. Hypnotism, auto-suggestion, genuine healing? We don't know. Don Copland of the National Federation of Spiritual Healers has this to say: 'Why rely on a plastic card when, for less money, you can go and see a healer in person?' If you have experienced the Zvickler effect, write and let us know – we'd love to hear from you. For more about the card, call 0161 7731731.

An extract from the book by Coby Zvilder

The reactions to my healing were all very positive, but still I wasn't convinced. Being a very logical person I concluded that I simply could be having a 'placebo' effect on the patients. The turning point was when Karen introduced me to a patient of hers whom I shall call Sarah.

I had talked about my feelings, lack of confidence and scepticism with Karen at great length. She was actually much more convinced of my abilities than I was. Because I doubted myself so much, Karen knew that I could be put off easily and she decided not to tell me about the seriousness and nature of Sarah's problem. All Karen told me was that Sarah had been in a lot of pain with a back complaint and that I should simply do my best!



As Sarah lay on the treatment couch chatting quietly to Karen, I went through my usual healing process starting from the crown of her head. I followed the energy field around her body, removing the bumps and holes as I went. Seconds after I had started, Sarah said that she could feel a comforting but intense heat throughout her entire body, especially in her lower back and spine.

When I came to her right hip area I felt a huge hole in her energy field and knew instantly that the main cause of her problem was here. I concentrated intensely on this part of her energy field, pumping as much of my energy into this hole as I could. Suddenly her

body started to twitch and jerk slightly. Her muscles were in spasm, particularly around the lower back and hip area, and it was obvious to me that this was creating even more pain for her. When I saw all this movement, combined with the fact that she was in a lot of discomfort, I turned to Karen for support. I must have looked worried, because she instantly responded telling me that she had expected something like this to happen and that I must continue. Sarah also reassured me - she could handle the pain if it meant getting a positive result. So I carried on. Thirty seconds later, Sarah's entire body relaxed and went limp. Calmly she told me that all the pain had now gone and that she felt fine. It took me another five minutes or so to finish the healing process, smoothing out the energy field around the rest of her body.

After I had finished I asked her if it was possible for her to get up off the couch; to stand up and tell me how she felt. Tentatively she sat up and swung both legs off the couch, as she placed her right foot on the floor there was a thud. Sarah stood up. She seemed stunned and excited. Karen also looked thrilled and amazed. As Sarah put all her weight onto both feet and stood up, expectation hung silently in the air.

Sarah started to giggle uncontrollably, and then as she looked at Karen she started to cry. At this Karen was practically in tears herself and seemed mesmerised. I wondered what on earth was going on. I asked them what the big deal was and it was at this point that Karen told me that since the age of three Sarah hadn't been able to place both feet flat on the floor at the same time. For fourteen years Sarah had undergone many operations on her right hip because she had contracted TB as a child. The doctors also found that one of her legs had been growing longer than the other.

As a child they had tried to correct this with surgery but the operation had had a reverse effect and Sarah's right leg was now shorter than her left one. Sarah also had a curvature of the spine.

When Karen explained all this to me I became more confused. Did she honestly expect me to believe that Sarah's leg had suddenly grown? In her attempt to illustrate what had happened, Karen asked Sarah if she would mind lying back down on the couch again. As Sarah did this she told me that all her pain had gone and that she really couldn't believe what was happening.

Karen asked if I had noticed the positioning of Sarah's knees before I had started the healing process and I had to confess that I hadn't. Now, as I looked, I could see that one knee was approximately two inches higher than the other, which to me proved that her legs hadn't grown at all. Karen explained that Sarah had a curvature in her spine, which bent her body in such a way that exaggerated the difference in the length of her legs. During the healing process her spine had straightened, allowing her hips to level and the result was that she could now put both feet firmly on the ground.

An Alternative View by Paul Davies



See more of Paul's cartoons
on his great website

www.splat.dircon.co.uk

No limit is set for 'healing credit card'

MANCHESTER healer Coby Zvikler has produced a "charge card" with a difference, one which he claims helps patients to heal themselves, writes Rita Smith.

"You can hold the card and ask your body to do something and it physically does it," he told me last week.

The Coby Card — it resembles a plastic credit card with a magnetic strip — is able to store the healing code — which can then be used by patients thousands of miles away.

"My signal is recordable on magnetic tape," Coby explained, "and can be used by patients to heal themselves."

"They simply hold the card and instructions are given to the body to perform spontaneous exercises which promote healing."

The 35-year-old Israeli-born healer is no stranger to paranormal activity.

Even when he was young, Coby could see "lights around things" and be able to bend spoons like psychic Uri Geller. Electrical equipment at his home used to reset itself and lights switch themselves on and off without human assistance.

"I was also able to make people move their limbs involuntarily," he commented.

While visiting relatives in Israel in 1991, his uncle who sustained agonising stab wounds in the Six Day War, received healing from Coby and found his pain had disappeared.

After returning home, Coby decided to give up working in the family business and concentrate on healing full time.

The discovery of the Coby Card, he said, was "purely accidental."

"We came up with the idea of trying to programme a Barclaycard and it worked," he said.

By radiating signals to the body, Coby found he could enable the recipient to increase

physical changes.

Testimonies have been received from people praising the card's efficacy in treating a number of medical conditions.

During a mass healing session in April last year — it lasted three days — at Manchester's Armitage Centre, the card was used on approximately 550 people.

"They began moving," the healer explained, "and things like frozen shoulders were cured. I wasn't doing anything at all."

Erika Harvey of *Here's Health* magazine agreed to meet Coby and test the card for herself. She was surprised at the results.

"The first thing I felt was my hand go numb," she testified. "I told my body to raise my right arm and it did."

"When I asked for an exercise for my back, I flopped over like a rag doll and swayed from side to side."

Coby worked with a physiotherapist for three months to test whether the effectiveness of the healing was merely psychosomatic.

"But," he claimed, "there were many cases of people with structural deformities — such as severe curvature of the spine and dislocated shoulders — who were cured. That convinced me."

"My energy impregnates the magnetic band and this acts like a catalyst, triggering the body to right itself."

Coby has now been awarded a publishing contract for a "comprehensive manual" on the subject.

■ The Coby Card costs £25 and can be obtained from The Zvikler Healing Research (UK) Ltd, PO Box 90, Prestwich, Manchester, M45 6ZH. Please note that PN has no objective evidence — other than Erika Harvey's testimony — that this

Psychic

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News

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'Power disc' set to take off in US

MANCHESTER "power healer" Coby Zvikler is off to the USA this month with his new Power Disc, which he claims can be used to cure many ills.

"My original Coby Card was a prototype for the disc," the Israeli-born healer said last week.

"The Power Disc looks like a piece of costume jewellery, but is constructed in the same way with the magnetic strip on the back. Unlike the card, though, it does not need spoken instructions to go into operation."

Freelance journalist Carl Magaitis tried the disc out for himself. "I'm pretty cynical,"

he said last week, "but it was tremendously effective."

Coby has held healing sessions and demonstrations at his Barnard Avenue home, Whitefield, and in hotels and hospitals throughout the Manchester area. Now, he thinks, America can be switched on to his unique invention.

Through the use of the card — it costs £30 — Coby claims that people's energy levels increase and healing can take place.

Circular in shape, the green and gold disc bears a picture of the world with the sun going round it. By using it, Coby claims that energy levels increase and the patient can ef-

fectively command his or her own body to heal itself.

"It is a fashion accessory with special effects," he explained.

Last month Coby visited California and such was the interest in his healing disc that he is returning to the USA this month.

"I shall be staying there for six or seven weeks to see people and take part in the Whole Life Expo held in the Hilton Hotel, Los Angeles," he said. "TV companies over there have also shown interest in my work."

"People in the States are more prepared to try something than they are in England."

There is a seven-day trial

period for purchasers, so that people can try it out for themselves.

"If it doesn't work then they can send it back," Coby commented.

"Although it doesn't work on everyone, 95 per cent of those who have used it have been very satisfied with the results."

A 44-page instruction manual comes along with the disc to explain how to best use it for certain conditions.

Readers interested in the Power Disc — it costs £30, plus £1.50 p&p — should contact Coby direct for more information on 0161-773 1731.

Healing

FOOD FOR THOUGHT

Coby Zvikler



ENERGY is a very loose term banded about by many people to describe the paranormal abilities of healers to affect the human body. What kind of energies are these people using

Where is this so called energy coming from

How do healers produce this energy - projecting phenomenon

Isn't it all just auto suggestion

Healer Coby Zvikler believes that the human body is capable of projecting an amount of physical energy which can unblock the energy channels, leading to healing, but this does not adequately explain how Coby Zvikler can project his healing power over distances in excess of 100 meters and how the intensity of this form of energy bears no apparent relationship to the distance it has to travel. Physics professors are baffled at this energy's apparent disregard for the basic laws but are forced to admit something is going on.



Coby Zvikler comments:-

"It's very simple, I don't use my physical energy! I just send a signal - a kind of universal message that I create within my mind - and transmit it in a similar way to a satellite, using my body as a beacon or transmitter. Some people might consider it a form of telepathy, but it involves a state of feeling as well as thought."

The Coby Card was developed as a result of an understanding that the body permeates a magnetic field and experiments were carried out to find out whether Coby's skills were connecting with this field. Unbelievably, a magnetic tape can reproduce Coby's signal. Credit Cards have this magnetic band which is sensitive to Coby's input, can store the 'healing code' and can be used thousands of miles away. So the Coby Card came into being - a plastic card with a magnetic strip and the ability to heal! Unbelievable? maybe, but it is true!

"It's very simple really - my signal is recordable on magnetic tape, and people all over have had great success in healing themselves with the use of this card, which incidentally doesn't get nervous like I do. When people get nervous their mind doesn't function in the same way and I need to be in a slightly relaxed state to send a controlled signal, sometimes, when there are lots of people, I can get a little nervous and that can affect the level of control I have over the transmission."

During healing, some people start to spontaneously move into corrective stances, this is because their body recognises Coby's signal and then goes into corrective mode automatically. Yet some people need to be shown how to talk with their body. Coby says,:

"I am not sure why, but I feel it could be because some people's bodyies will not accept this signal telepathically, and it's only when they take

active control by using their own minds to communicate with these corrective systems, that things start to happen. I use simple auto-suggestive techniques to help people get back

in touch with their bodies, but that is not the healing. Many people find healing very difficult to explain and the effects that are produced through the type of healing I do can be frightening to some people. People feel that they have to categorise it in terms that they understand so it's defined in all manner of ways - yet it is none of those ways. That is why I spend most of my time demonstrating and trying to expand peoples awareness. Of course there are a lot of sceptics around, all I can say is 'Try it.' The proof of the pudding is in the eating and it is my job to inform people about this phenomenon. If convinced sceptics are open-minded enough they will come forward to prove me wrong, and I will be able to give them all the necessary proof they need to turn their scepticism into education."

*To obtain more information about
The Coby Card,
or Coby's healing practice,
Phone 0161 773 1731*

Friday, March 1, 1990

Healer Coby defies medical knowledge

JUDITH HAYMAN
investigates

MANCHESTER has its very own power healer in the guise of the remarkably youthful looking Coby Zvikler.

And 35-year-old Coby, who is an inveterate inventor, has patented an amazing new product — The Power Disc, which he claims can cause the body to heal itself.

The power disc is a plastic badge with a magnetic strip running through it. Coby programmes the strip by concentrating on it. When I visited Coby in his Whitefield home he explained: "Everyone has an energy field, which is a blueprint of their personality, emotional state and physical well-being."

Trigger

He continued: "By simply looking at someone I can tell what's wrong with them and by concentrating my gaze on them I trigger a response in their body which makes them self-correct."

Even as a child, Coby had the power to bend spoons, like psychic Uri Geller, and to see lights around things.

Electrical equipment in his house used to reset itself and lights would switch on and off without human assistance. He used to have a party trick where he made guests move their limbs involuntarily.

Although I was somewhat sceptical, I have to admit that Coby instantly detected a slight kink in my spine (even though I was wearing a baggy jumper) and gave a very plausible explanation for its incidence.

Despite his extraordinary skills, Coby followed the conventional path and worked in the family leather business for 15 years.

Roots

Three years ago, Israeli-born Coby returned to his roots. By chance, his uncle was suffering from a chronic shoulder condition and Coby used his healing powers to bring about a permanent cure.

After treating several other members of the family, he was persuaded to devote his energies to healing full-time.

Upon his return, Coby worked with a Bury physiotherapist for three months. During that time he managed to cure people with severe curvature of the spine and frozen shoulders.

He says: "It seemed ridiculous to believe that I had powers that could defy medical knowledge."

To substantiate his claims, he has videotaped patients with muscular dystrophy whose muscles started rippling after Coby concentrating his mind and sent a signal to the affected area.

In most cases the cure is instantaneous. By chance, Coby discovered that healing was triggered in people who had merely stood in front of his video!

Correct

He then made the momentous discovery that his signal could be put on magnetic tape.

By holding the magnetic tape and instructing the body, people are able to self-heal.

Coby explains: "The body has the ability to spontaneously correct itself. Often, these corrections take the form of

a self-healing exercise. The body starts moving all by itself, and the movements release blockages in the problem area and aches and pains disappear."

Aware

Within a minute of holding the Power Disc, my hand became warm and I was aware of an electrical humming noise. After two minutes I felt a tingling sensation and when I ordered by arm to lift there was some involuntary movement!

The disc can be used for health, physical, rejuvenation or exercise purposes. Coby believes the disc keeps the wearer in tune with his own body and leads them to carry out movements that will cure their condition.

The Power Healing system consists of the Power Disc, a 45 minute



Coby Zvikler

video and step-by-step instructions by Coby Zvikler. Coby is prepared to give a personal 10-minute demonstration free in his Whitefield home. He can be contacted on 0161-773 1731.

JC

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CCProfile

The man who came to heal: Israeli-born psychic confronts scepticism over his claimed 'powers'

Joy Wolfe

Many people are sceptical about the powers claimed by the likes of Uri Geller, finding it hard to believe it is possible to bend spoons or repair clocks merely by touching them.

The same scepticism applies to those, like Israeli-born Mancunian Coby Zvikler, from Whitefield, who claim to have healing powers and

appear to be able to make others respond involuntarily in a physical way. And, as Coby acknowledges, most physicians are still very much among the sceptics.

Born in Haifa, to an English mother and a Polish father, he was four years old when they came to live in Manchester. At an early age Coby felt he had unusual powers, but says he pushed them to the back of his mind, not really wanting to acknowl-

edge them while having little understanding of their implications.

As a teenager, he says, he made people's limbs move and tingle as a party trick.

But things got more complicated, he says, when his power started to affect electrical gadgets, lighting and answering machines.

Lights, he maintains, go off and on in his house without even being touched.

Determined to put his "powers" to the back of his mind, Coby went into the family leather business and became a successful businessman.

But friends encouraged him to use his less orthodox talents, and he began to work with healers.

At first, he says he himself "didn't really believe" in his own powers.

It was only when he returned to Israel around three years ago that he found his relative. "I was touring to be a healer," he says, "and I realised the extent of what I was able to do."

He left the leather business and decided to concentrate on working with patients with whom he was a physiotherapist. He had little success. Then, he says, were dramatic claims, for example, that he had eased frozen shoulders, back pains and other ailments.

Coby's real breakthrough came when he began to video his work. To his surprise, some people claimed they had been "treated" just by watching the video.

He now runs several clinics, and has performed demonstrations at the Enshawe Hospital, though most doctors are still sceptical about his claims.

His future plans include a tour of America. He is adamant that he is not interested in "doing the circuit" of public appearances. His interest, he says, is in "healing and entertaining."



Israeli-born Coby Zvikler (left), who claims healing powers, conducts a session at his Whitefield home